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# Attachment Milestones & Your Baby

## Developmental milestones related to secure attachment

### Between birth and 3 months, does your baby . . .

- Follow and react to bright colors, movement, and objects?
- Turn toward sounds?
- Show interest in watching people's faces?
- Smile back when you smile?

### Between 3 and 6 months, does your baby . . .

- Show joy when interacting with you?
- Make sounds, like cooing, babbling or crying, if happy or unhappy?
- Smile a lot during playtime?

### Between 4 and 10 months, does your baby . . .

- Use facial expressions and sounds when interacting, like smiling, giggling or babbling?
- Have playful exchanges with you?
- Alternate back and forth with gestures (giving and taking), sounds and smiles?

### Between 10-18 months, does your baby . . .

- Play games with you, like pee-a-boo or patty cake?
- Use sounds like *ma*, *ba*, *na*, *da*, and *ga*?
- Use different gestures (sometimes one after another) to show needs like giving, pointing or waving?
- Recognize his or her name when called?

### Between 18 and 20 months, does your baby . . .

- Know and understand at least 10 words?
- Use at least four consonants in words or babbling, like b, d, m, n, p, t?
- Use words, gestures and signals to get needs met, like pointing at something, leading you to something?
- Enjoy simple pretend play, like hugging or feeding a doll or stuffed animal?
- Demonstrate familiarity with people or body parts by pointing or looking at them when named?



## Attachment Milestones & Your Baby, continued

### Between 24 Months, does your baby . . .

- Know and understand at least 50 words?
- Use two or more words together to say something, like “want milk,” or “more crackers?”
- Show more complex pretend play, like feeding the stuffed animal and then putting the animal in the stroller?
- Show interest in playing with other children by giving objects or toys to others?
- Respond to questions about familiar people or objects not present by looking for them?

### At 36 Months, does your baby . . .

- Put thoughts and actions together, like “sleepy, want blanket,” or “hungry for yogurt (going to refrigerator)?”
- Enjoy playing with children and talking with other children?
- Talk about feelings, emotions and interests, and show knowledge about time (past and future)?
- Answer “who,” “what,” “when,” and “where” questions without too much trouble?
- Pretend to play different characters – either by dressing up and acting or with toy figures or dolls?